

INSTANTART FREE SOCIAL MEDIA PUBLISHING SCHEDULE

	DAILY	WEEKLY	MONTHLY
WEBSITE			1X
BLOG		1-3X	
EMAIL		1X	
FACEBOOK	1-2X		
TWITTER	2X		
INSTAGRAM	2-3X		
PINTEREST	1X		
YOUTUBE		1X	
GOOGLE PLUS		2-5X	

Follow this schedule and you will see a huge improvement in your social media campaigns.

Remember consistency is key.

If you need help with your strategy give us a shout and we will gladly assist.

contact us

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